

Bilateral Vasovasostomy

Post-Operative Instructions

Pain:

You may experience some discomfort after your surgery. The Surgeon has given you a prescription; take as directed.

Operative Site:

You will have a scrotal support in place when you return from the operating room. This should be worn for a few days to provide comfort and support. Apply ice frequently to the operative area for the first 48 hours to minimize pain, swelling and bruising. You will have 2 small incisions on your scrotum with stitches that dissolve on their own.

Activity:

Frequent rest periods will help to prevent swelling and bleeding. You may shower the day after surgery but should avoid hot water. Re-apply dressings and scrotal support/or underwear afterwards. Your Surgeon will advise you at your follow-up appointment when you may resume sexual intercourse, a regular exercise program and return to work.

Diet:

Resume your regular diet the day after surgery. Increase the amount of fibre in your diet and drink plenty of fluids to avoid constipation.

Follow-Up:

You will be advised about your follow-up appointment the day of surgery. Contact your Surgeon's office if you have not been informed about a follow-up appointment. If you are a Day Surgery patient, a Nurse from the Day Surgery Unit will call you the day after your surgery to discuss any concerns.

Continued On Other Side



Queensway Carleton
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Additional Information:

Do not take any medication containing aspirin until advised by your Surgeon as this could cause bleeding.

Call your Surgeon or go to the Emergency Department if you have any of the following:

- Severe pain not controlled by medication.
- Unexplained fever and chills (temperature above 38° C).
- Large amount of bleeding.
- Foul smelling (yellow-green) discharge from operative site.
- Significant swelling and/or redness around the incision.