

PERIOPERATIVE SERVICES

Post-Operative Instructions

Bladder Biopsy

PAIN:

You may have a burning and/or a stinging sensation and/or have to go to the bathroom more often for the first 24 hours.

OPERATIVE SITE:

You will have a small amount of blood in your urine on and off for a few weeks.

ACTIVITY:

You should have frequent rest periods for 1 to 2 weeks. This will prevent bleeding and help healing. Check with your Surgeon before resuming a regular exercise program.

DIET:

Resume your regular diet and drink plenty of fluids.

FOLLOW-UP:

Your Surgeon will advise you of your follow-up appointment the day of your surgery. If you are a Day Surgery patient, a Nurse from the Day Surgery Unit will call you the day after your surgery to discuss any concerns.

ADDITIONAL INFORMATION:

If an antibiotic has been prescribed, take as instructed. Resume other prescribed medications you were taking prior to surgery, unless you have been told otherwise.

CONTINUED ON OTHER SIDE →



Queensway
Carleton Hospital

Call your Surgeon or go to the nearest Emergency Department if you have any of the following:

- a large amount of blood in your urine
- large clots in your urine
- difficulty urinating
- elevated temperature (38°C or 100.4°F) and/ or chills lasting more than 24 hours

Do not take any blood thinners or medication containing Aspirin™ until directed by your Surgeon.

Patient safety is very important to Queensway Carleton Hospital and this information is provided to patients and their families to help inform you of your essential role in your own safety.

The information contained on this sheet is not specific medical advice, nor a substitute for medical advice. For your safety, it is advised that you speak with your Doctor and Healthcare Team about your particular healthcare needs.

Protect yourself! Clean your hands frequently and ask your healthcare providers and visitors to do the same. Clean hands save lives.