

# **Dysplasia and Vulvar Care Clinic**

## **Introduction**

You will be required to change and be prepared for an examination. A Nurse will be present in the room with you at all times. You will meet the Doctor who is a Colposcopist/ Ob/Gyn who will ask you about your medical history and discuss the reason for your consult. You will have the opportunity to ask questions prior to your exam.

## **COLPOSCOPY**

You will lie on the examination table, and place your legs in the stirrups. The Doctor will use an instrument called a colposcope to magnify the area. This is a microscope that is placed near the area to be examined.

On examination, the Doctor may perform a Pap test if no current results are available. The Doctor will insert a speculum to perform this procedure.

The procedure will also involve a general examination of the area in question.

## **BIOPSY**

If a biopsy is required, local freezing will be applied/injected into the area. You will feel a pinch and may feel some discomfort at this time. A biopsy of the site will then be performed which will not be felt. The procedure generally only takes a few minutes to perform.

A paste or local cauterization may be necessary. In very few cases, sutures are required.

## **POST PROCEDURE**

After the procedure, the Nurse will give you a pad, as you may experience some spotting.

You will be given a post procedure care instruction sheet and any other additional information if required. If a follow-up appointment is necessary, we will book this for you before you leave. Results will be discussed with you at that time.

