

Loop Electrosurgical Excision (LEEP) Procedure Discharge Instructions

You may experience some mild cramping after treatment. Tylenol will provide relief.

After you have this procedure you can expect to have a discharge. It will range from very light to heavier flow requiring 3 to 5 pads a day. This may last for about two weeks.

You may notice a blackish color to the discharge at first. This is caused by a solution which may be applied to the cervix after treatment.

There may be some changes to your next period. Menstrual flow might start earlier or later than expected and your period may be heavier and crampier.

Do not use a tampon, douche or insert anything into your vagina for three weeks.

Do not have sexual intercourse for 3 weeks after treatment so the area will heal undisturbed. If you do you may bleed excessively.

Do not participate in vigorous exercise for 3 weeks; i.e. aerobics, jogging, biking, horseback riding etc. Avoid heavy lifting.

Do not swim in a public pool or use a hot tub. You may shower.

Your next appointment will be in 6 months in the clinic.

Follow up is very important.

COME TO THE EMERGENCY IF YOU HAVE:

- High fever
- Heavy bright red bleeding with clots (changing a maxi pad every 1 to 2 hours)
- Severe cramping



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