

Breast Biopsy

Post-Operative Instructions

Pain:

You may experience some discomfort after surgery. Your Surgeon has given you a prescription for pain medication. Please use as instructed.

Operative Site:

Keep a dressing on for 3 days. After that, you can apply a gauze dressing and tape over your incision; change daily or more frequently as needed. Your Surgeon will advise you when to return to have it removed.

Activity:

Resume usual daily activities as tolerated, with frequent rest periods. Do not resume any strenuous exercise program until advised by your Surgeon. You may shower the day after surgery. Try to keep the dressing dry. Change it if it becomes wet.

Diet:

As tolerated.

Follow-Up:

Your Surgeon will advise you of your follow-up appointment the day of your surgery. If you are a Day Surgery patient, a nurse from the Day Surgery Unit will call you the day after your surgery to discuss any concerns.

Additional Information:

Support your breast with a wireless brassiere at all times if possible (even at night) to prevent excessive pull on the incision.

Call your Surgeon or go to the Emergency Department if you have any of the following:

- fever lasting more than 24 hours
- large amount of drainage through the dressing
- drainage that is foul smelling

Do not take any medications containing Aspirin until authorized by your Doctor.



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