



Facing cancer? **We can help.**

Information and support services you can trust

Our services:

- are available to patients, caregivers, healthcare professionals and the general public
- provide general information (not medical advice) and support for all types of cancer
- are tailored to individual needs
- are available in many languages
- are offered across Ontario

Cancer Information Service > **More than a helpline**

We provide information on cancer and cancer-related services and resources to patients, their families, the general public and healthcare professionals either by phone or e-mail. Our staff are highly trained and use comprehensive and credible information to clearly communicate information about cancer without giving advice or recommendations.

Peer support service > **Connecting to others**

We connect patients or caregivers with fully screened and trained volunteers who've had cancer or cared for someone with cancer. Our volunteers listen, provide hope, offer encouragement and share ideas for coping – all from their unique perspective as “someone who’s been there”.

Smokers' Helpline > **Help to quit smoking**

Our trained Quit Coaches provide advice and information to help people who smoke set up a quit plan and stay smoke-free. Toll-free at 1 877-513-5333 or online program at www.smokershelpline.ca.

Transportation > **Getting patients to and from cancer-related care**

Our volunteers pick up and drive patients to their cancer-related care and offer a friendly, supportive environment along the way.

Living Well Beyond Cancer

A self-management program for cancer survivors and caregivers living with and beyond cancer offered in 2.5 hour weekly sessions that run for six weeks, led by trained Peer Leaders.

Clinic and Lodge Volunteer Services

Canadian Cancer Society volunteers work in regional cancer centres and a number of hospital cancer clinics across Ontario to provide comfort, help, and information to patients and families, including assistance with ESAS.

Canadian Cancer Society online

cancerconnection.ca

Our new online community is a natural extension of our existing information and support services that empower, inform and support Canadians. It's a safe and welcoming place where those facing cancer can share their experiences and build relationships that will support them in their fight.

cancer.ca

Our website offers up-to-date, accessible and credible information about cancer from prevention to end-of-life issues. The first level of information is presented in an easy-to-read format and our cancer encyclopedia is an in-depth database of information on cancer and cancer-related topics. The content is reviewed by experts and updated regularly.

Community services locator

The Community Services Locator is a searchable database of over 4,000 cancer-related services and resources nationwide.

Patient information materials

The Society produces brochures and booklets on prevention, diagnosis, treatment and support. These materials can be downloaded from cancer.ca/publications, ordered from local Society offices or through our toll-free number.