



Queensway Carleton  
Hospital

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## **Welcome to the Dysplasia and Vulvar Care Clinic**

You will be required to change and be prepared for an examination.

A Nurse will be present in the room with you at all times. You will meet the Physician who is a Colposcopist/Obstetrician/Gynecologist who will ask you about your medical history and discuss the reason for your consult. You will have the opportunity to ask questions prior to your exam.

### **Colposcopy**

You will then lie on the examination table, and place your legs in the stirrups. The Doctor will use an instrument called a colposcope to magnify the area. This is a microscope that is placed near the area to be examined.

On examination, the doctor may perform a pap test if no current results are available. The Doctor will insert a speculum to perform this procedure.

The procedure will also involve a general examination of the area in question.

### **Biopsy**

If a biopsy is required, local freezing will be applied/injected into the area. You will feel a pinch and may feel some discomfort at this time. A biopsy of the site will then be performed which will not be felt. The procedure generally only takes a few minutes to perform.

A paste or local cauterization may be necessary. Very few cases require sutures.

### **Post procedure**

After the procedure, the nurse will give you a pad, as you may experience some spotting.

You will be given a post procedure care instruction sheet and any other additional information if required. If a follow-up appointment is necessary we will book this for you before you leave. Results will be discussed with you at that time.